What is Synchronized Skating?

Synchronized skating is a team sport in which 8-20 skaters perform a program together. Elements include blocks, circles, wheels, lines, and intersections. As skaters progress to higher performance levels, the footwork becomes more challenging, the transitions are faster and the edges deeper. It is totally cool and the smiles stay on long after the performance ends.

The Glenview Blades teams compete in US Figure Skating Developmental Levels of Synchronized Skating

- Summer Practice begins June 2019, Wednesdays at the Winnetka Ice Arena
- Seasonal Practice, Tuesdays and Fridays at the Glenview Ice Center

Clinics & Tryouts - Glenview Ice Center
Tuesday, March 19 and Friday, March 22

- Basic Skills 3 and above: Tuesday, March 19, 4:05-5:45 pm and Friday, March 22, 4:10-5:40 pm
- Freeskate 4 & above: Tuesday, March 19, 4:30-6:15 pm and Friday, March 22, 4:10-5:40 pm

Coaching Staff:
Dana Goldstein, Katie Graafsma, Bethany McHugh, Carly Rieger and Maria Scianna

For more information, contact Dorie Cascio (847) 724-2800 or dorie.cascio@glenviewparks.org

Glenview Blades
Synchronized Skating
2019-2020

CLINICS AND TRYOUTS

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**Summer Practice Schedule:**
Begins June 2019, Wednesdays at the Winnetka Ice Arena

**Seasonal Practice Schedule:**
Due to the upcoming renovation, the 2019-2020 ice schedule is not finalized as of early Spring 2019. Practices most likely to remain on Tuesdays and Fridays at the Glenview Ice Center, starting as early as 4:10p. There is a chance the Tuesday practice day could shift to Wednesday; the practice schedule will be finalized late Spring / early Summer 2019.

**Requirements:**

**Beginner Synchro**
- Must be in Basic Skills 3 or above
- Must be actively skating in class at the Glenview Ice Center (Sept-May)
- 60 addl. practice min per week
- All ages welcome
- Your age for year is determined by how old on July 1, 2019
- Skaters should wear dress, sweater or fleece with hair pulled back.

**Advanced Synchro**
- Must be in Freeskate 4 or above
- Must pass Preliminary Moves in Field by first fall practice
- Chicago Figure Skating Club member
- Actively skating in class at Glenview Ice Center, 2 hours of Freeskate per week or taking private lessons
- 90 addl. practice min per week
- Your age for year is determined by how old on July 1, 2019
- Skaters should wear dress, sweater or fleece with hair pulled back.

**Clinics and Tryouts:**
Basic Skills 3 and above: Tuesday, March 19th, 4:05-5:45p and Friday, March 22nd, 4:10-5:40p
Freeskate 4 and above: Tuesday, March 19th, 4:30-6:15p and Friday, March 22nd, 4:10-5:40p
Closed to observation
Registration for tryouts is due by Tuesday, March 19th
Results will be communicated by Friday, March 29th
Commitment Meeting on Tuesday, April 2nd @ 4:30pm
$300 non-refundable fee due at Commitment Meeting or other discussed payments
There will be an Apparel Parent Meeting on Tuesday, April 23rd @ 4:30pm

**Estimated Program Fees:**
$1300-$1600 (2019-2020 Season) – due to Glenview Ice Center
  - Final fee will be determined after tryouts and will be based on program costs (ice, floor practice, coach fees & supplies, etc.) and the number of skaters

$400 -$600 (2019-2020 Season) – due to Glenview Blades
  - Payment covers team fees, competitions fees, season long attire purchase, accessories & supplies, etc.
Skater Name: ____________________________ Parent Name: ____________________________

Email Address: ____________________________ Phone: ____________________________

Class Level: ____________ Birth Date: ________ Age as of 7/1/19: ________

Highest US Figure Skating Moves in the Field: ________________________________

I am currently on the following team: ________________________________

Indicate the clinic the skater plans to attend:

- Basic Skills 3 and above: Tuesday, March 19th, 4:05-5:45p and Friday, March 22nd, 4:10-5:40p
- Freeskate 4 and above: Tuesday, March 19th, 4:30-6:15p and Friday, March 22nd, 4:10-5:40p

Skaters may try out for any team as long as they meet the requirements. There will be a parent meeting at 5:45p on Friday, March 22nd

Waiver and Release of All Claims and Assumption of Risk -

Please read this form carefully and be aware that in signing up and participating, in this program/activity, you will be expressly assuming the risk and legal liability and waiving and releasing all claims for injuries, damages or loss which you or your minor child/ward might sustain as a result of participating in any and all activities connected with and associated with this program/activity (including transportation services/vehicle operation, when provided).

I recognize and acknowledge that there are certain risks of physical injury to participants in this program/activity, and I voluntarily agree to assume the full risk of any and all injuries, damages or loss, regardless of severity, that my minor child/ward or I may sustain as a result of said participation. I further agree to waive and relinquish all claims I or my minor child/ward may have (or accrue to me or my child/ward) as a result of participating in this program/activity against the Glenview Park District, including its officials, agents, volunteers and employees (hereinafter collectively referred as "Glenview Park District").

I do hereby fully release and forever discharge the Glenview Park District from any and all claims for injuries, damages, or loss that my minor child/ward or I may have or which may accrue to me or my minor child/ward and arising out of, connected with, or in any way associated with this program/activity.

I understand that photos and videos are periodically taken of people participating in Glenview Park District programs and activities and I agree that any photograph or videotape taken by the park district of me or my minor child/ward while participating in a park district program or activity may be used by the park district for promotional purposes including its electronic media, videotapes, brochures, flyers and other publications without additional prior notice, permission or compensation to the participant.

I have read and fully understand the above important information, warning of risk, assumption of risk and waiver and release of all claims. If registering via fax, your facsimile signature shall substitute for and have the same legal effect as an original form signature.

PARTICIPATION WILL BE DENIED if signature of adult participant or parent/guardian and date are not on this waiver

__________________________ (Signature of Participant or Parent) (if participant is under 18 years) ____________________________ (Date)