



# Glenview Blades Synchronized Skating



2018-2019

## CLINICS AND TRYOUTS

### What is Synchronized Skating?

Synchronized skating is a team sport in which 8-20 skaters perform a program together. Elements include blocks, circles, wheels, lines, and intersections.

As skaters progress to higher performance levels, the footwork becomes more challenging, the transitions are faster and the edges deeper. It is totally cool! And the smiles stay on long after the performance ends.

The Glenview Blades teams compete in US Figure Skating Developmental Levels of Synchronized Skating.

- ★ Weekly practices begin June 2018
- ★ Ice Show 2019
- ★ Most competitions and exhibitions are held in the Chicago Metropolitan Area

### Clinics

**Basic Skills 3 & above**  
Tuesday, April 3, 4:05-5:45 pm

**Freeskate 4 & above**  
Tuesday, April 3, 4:30-6:15 pm

### Tryouts

Friday, April 6, 4:40-5:40 pm



1851 Landwehr Road

847-724-2800  
glenviewparks.org



A facility of the Glenview Park District

**Coaching Staff:**  
Beth Krejnik,  
Bethany McHugh,  
Rebecca Menzynski  
Tracy Sandler,  
Maria Scianna and  
Katie Zielinski.

For more information,  
contact Dorie Cascio  
(847) 724-2800 or  
[dorie.cascio@glenviewparks.org](mailto:dorie.cascio@glenviewparks.org)



Glenview Ice Center offers hockey lessons and leagues, figure skating lessons and teams, public skating events, parties and rentals.

*Experience It!*

# Glenview Blades 2018-19 Clinics and Tryouts

## Registration Form



Skater Name: \_\_\_\_\_

Email Address: \_\_\_\_\_ Phone: \_\_\_\_\_

Class Level: \_\_\_\_\_ Birth Date: \_\_\_\_\_ Age as of 7/1/18: \_\_\_\_\_

Highest US Figure Skating Moves in the Field \_\_\_\_\_

I am currently on the following team: \_\_\_\_\_

Indicate the clinic the skater plans to attend:

- |  |   |
|--|---|
| <input type="radio"/> Basic Skills 3 and above<br>Tuesday, April 3, 4:05-5:45 pm | <input type="radio"/> Freeskate 4 and above<br>Tuesday, April 3, 4:30-6:15 pm |
|--|---|

**Tryouts:** Friday, April 6, 4:40-5:40 pm.

Skaters may try out for any team as long as they meet the requirements. There will be a parent meeting at 5:45 pm.

**FEE:** \$30 (for skaters not currently on a GIC team).

### Waiver and Release of All Claims and Assumption of Risk -

Please read this form carefully and be aware that in signing up and participating, in this program/activity, you will be expressly assuming the risk and legal liability and waiving and releasing all claims for injuries, damages or loss which you or your minor child/ward might sustain as a result of participating in any and all activities connected with and associated with this program/activity (including transportation services/vehicle operation, when provided).

I recognize and acknowledge that there are certain risks of physical injury to participants in this program/activity, and I voluntarily agree to assume the full risk of any and all injuries, damages or loss, regardless of severity, that my minor child/ward or I may sustain as a result of said participation. I further agree to waive and relinquish all claims I or my minor child/ward may have (or accrue to me or my child/ward) as a result of participating in this program/activity against the Glenview Park District, including its officials, agents, volunteers and employees (hereinafter collectively referred as "Glenview Park District").

I do hereby fully release and forever discharge the Glenview Park District from any and all claims for injuries, damages, or loss that my minor child/ward or I may have or which may accrue to me or my minor child/ward and arising out of, connected with, or in any way associated with this program/activity.

I understand that photos and videos are periodically taken of people participating in Glenview Park District programs and activities and I agree that any photograph or videotape taken by the park district of me or my minor child/ward while participating in a park district program or activity may be used by the park district for promotional purposes including its electronic media, videotapes, brochures, flyers and other publications without additional prior notice, permission or compensation to the participant.

I have read and fully understand the above important information, warning of risk, assumption of risk and waiver and release of all claims. If registering via fax, your facsimile signature shall substitute for and have the same legal effect as an original form signature.

*PARTICIPATION WILL BE DENIED if signature of adult participant or parent/guardian and date are not on this waiver*

\_\_\_\_\_  
**Signature of Participant or Parent** (if participant is under 18 years)

\_\_\_\_\_  
**Date**

#### Office Use

Total Amount Due and Received: \_\_\_\_\_

Received by: \_\_\_\_\_

Date: \_\_\_\_\_ Rec.# \_\_\_\_\_



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# Glenview Blades 2018-19

## Beginner Synchro Fact Sheet

### Requirements:

- Must be in Basic Skills 3 or above
- Must be actively skating in class at the Glenview Ice Center September to May
- Practice 60 additional minutes a week
- All ages welcome as this is a majority age ruling
- Your "age" for the next year is determined by how old you are on July 1, 2018
- Skaters should wear a dress, sweater or fleece and hair should be pulled back



### Clinics and Tryouts:

- April 3: 4:05-5:45 pm and April 6 4:40-5:40 pm  
*plan to arrive 30 minutes early to complete required paperwork*
- Fee: \$30
- Closed to observation
- There will be a required parent meeting on April 6 at 5:45 pm
- Registration form for tryouts is due by April 3  
*Skaters who have not submitted a registration form will not be permitted to try out.*
- Results will be posted on April 13, 2018
- Commitment Meeting, April 17, 2018 at 6 pm
- \$300 non-refundable fee due at that time

### Estimated Program Fee:

\$1300-1600 (June 2018-Ice Show 2019)

- Final fee will be determined after tryouts and will be based on program costs (ice, floor practice & coach fees, etc.) and the number of skaters

### Other Potential Costs:

- Warm-Up suits approx. \$170 - gently used available for less
- Costume approx. \$160
- Tights: \$18 (2 pair required)
- Make-up: \$25
- Practice outfit approx. \$80



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## Summer Practice Schedule

Wednesdays,  
5-8 pm

June 6-August 29

(It is understood there will be camp and family vacations during the summer)

## Seasonal Practice Schedule

Tuesdays,  
4:05-6:15 pm

*and/or*

Fridays  
4:40-6:30 pm  
September-May  
(Ice Show)

# Glenview Blades 2018-19

## Advanced Synchro Fact Sheet

### Summer Practice Schedule

Wednesdays,  
5-8 pm  
June 6-August 29

(It is understood there will be camp and family vacations during the summer)

### Seasonal Practice Schedule

Tuesdays,  
4:40-7:00 pm

*and/or*

Fridays  
4:10-6:30 pm  
September-May  
(Ice Show)

### Requirements:

- Must be in Freeskate 4 or above
- Must pass Preliminary Moves in the Field by first Fall Practice
- Must be a member of the Chicago Figure Skating Club
- Must be actively skating in class at the Glenview Ice Center and/or 2 hours of Freeskate a week or taking private lessons
- Practice 90 minutes in addition
- Your "age" for the next year is determined by how old you are on July 1, 2018
- Skaters should wear a dress, sweater or fleece and hair should be pulled back



### Clinics and Tryouts:

- April 3: 4:30-6:15 pm and April 6: 4:40-5:40 pm  
*plan to arrive 30 minutes early to complete required paperwork*
- Fee: \$30
- Closed to observation
- There will be a required parent meeting on April 6 at 5:45 pm
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