

WHAT IS SYNCHRONIZED SKATING?

Basic Skills Synchronized Skating

Designed by U.S. Figure Skating, the Basic Skills Program is a beginning ice skating program that is fun, challenging and rewarding. Participation in the program will enable beginning skaters of all ages and abilities to learn the fundamentals of the sport and begin a lifetime commitment to health and wellness. Synchronized skating is a team sport in which 8-20 skaters perform a program together which include five basic elements:

- Circle • Line • Block • Intersection • Wheel

Beginner Synchronized Skating Competition Program

The beginner competition program is also part of the U.S. Figure Skating Basic Skills program. Beginner teams compete at Basic Skills competitions and non-qualifying synchronized skating competitions around the country. Basic Skills Synchronized Skating is a place for Basic Skills level skaters to get a taste of what it is like to be on a synchronized team and compete in a skill and age appropriate level at a competition. Synchronized Skating will allow your skaters to experience success and promote team spirit.



The Glenview Blades

The Glenview Ice Center is proud to be the home of three Basic Skills Synchronized Skating Teams which make up the Glenview Blades. The success of Glenview's Synchronized Skating teams is due in large part to the efforts of the team families who make up the Glenview Blades Organization. Blades families volunteer at various events throughout the year. The bulk of their volunteer efforts are geared towards fundraising to help defray team costs of items such as costumes, tights, t-shirts, team dinners, competition entry fees and more.

These teams begin their competition season from November to April. Their final skate is at the Glenview Ice Centers Ice Show in May.

Each Spring the Glenview Ice Center offers an introductory Synchronized Skating Class. Clinics and tryout for these teams occur every April/May.

If you are interested or have any questions about Synchronized Skating, contact Dorie Cascio 847-724-2800 or dorie.cascio@glenviewparks.org.



www.glenviewicecenter.org

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